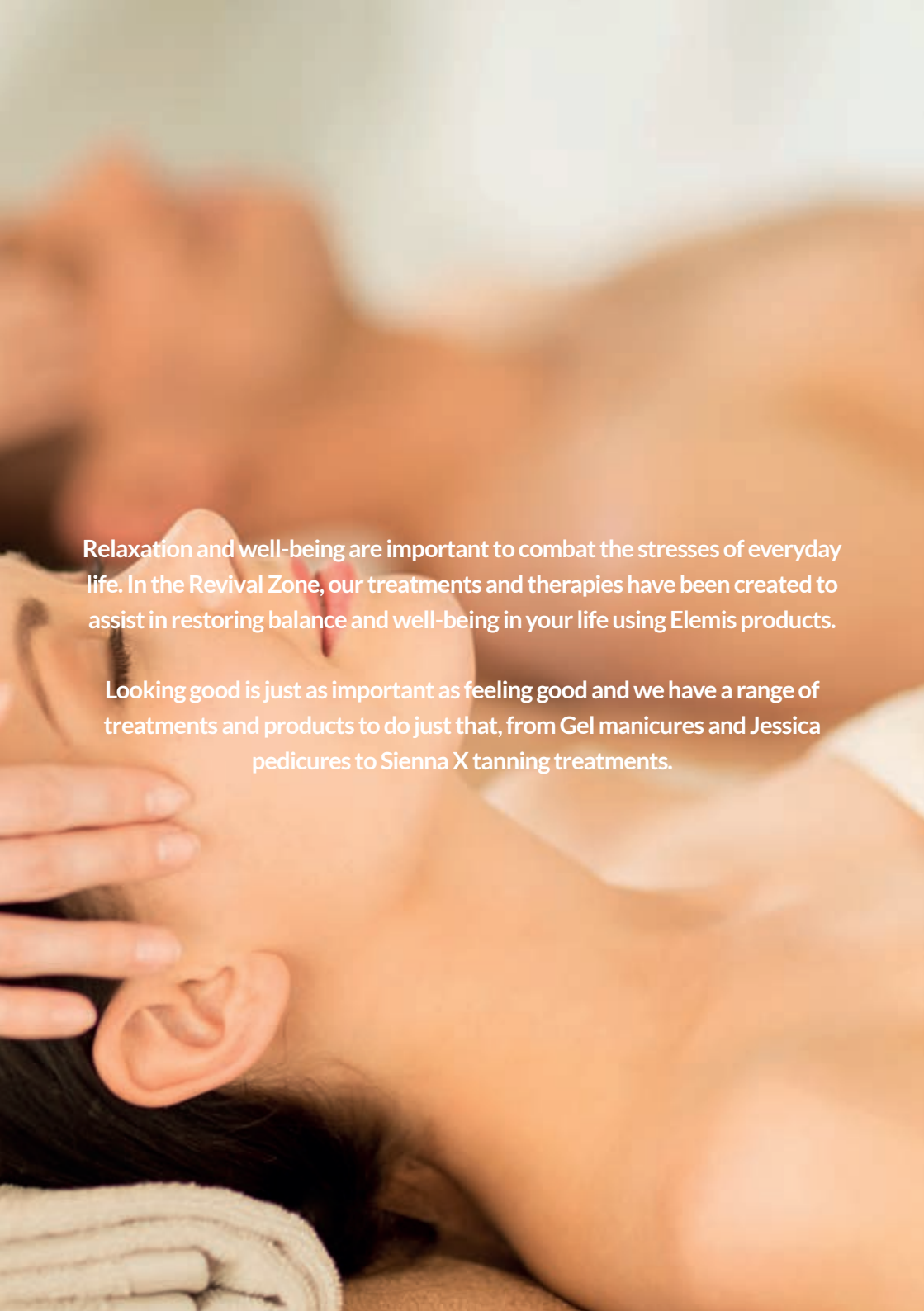




GISBOROUGH HALL

THE
Revival
ZONE

Somewhere you feel revived



Relaxation and well-being are important to combat the stresses of everyday life. In the Revival Zone, our treatments and therapies have been created to assist in restoring balance and well-being in your life using Elemis products.

Looking good is just as important as feeling good and we have a range of treatments and products to do just that, from Gel manicures and Jessica pedicures to Sienna X tanning treatments.

Touch anti-ageing facials

	Time	Mon - Thu	Fri - Sun
PRO-COLLAGEN DEFINITION LIFT & CONTOUR	30 mins 1hr	£40 £67	£45 £72
Powered by breakthrough technology, this facial helps the architecture of the face using the potent nutrients in plant actives found to help support the extra-cellular matrix. Creates a profoundly sculpted, youthful effect.			
PRO-COLLAGEN AGE DEFY	30 mins 1hr	£40 £67	£45 £72
Tackle fine lines and wrinkles with the clinically proven age-defying benefits of marine-charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin.			
DYNAMIC RESURFACING PRECISION PEEL	30 mins 1hr	£40 £67	£45 £72
Clinically proven to target signs of ageing and even skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger-looking skin.			

Technology anti-ageing facials

	Time	Mon - Thu	Fri - Sun
BIOTEC FIRM-A-LIFT	1hr	£75	£80
<p>Rediscover the architecture of your face with this ground-breaking blend of massage and sculpting galvanic technology. Skin is visibly strengthened for a contoured complexion that is remarkably lifted.</p>			
BIOTEC LINE ERASER	1hr	£75	£80
<p>Target wrinkles and energise the skin towards optimum performance with microcurrent pulses and red and blue light therapy. A powerfully rejuvenating clinically proven facial treatment that effectively irons out wrinkles and fills out lines.</p>			
BIOTEC SKIN RESURFACER	1hr	£75	£80
<p>This revolutionary clinically proven facial addresses skin tone, blemishes and fine lines to transform the texture of the skin. The ultrasonic peel, massage and light therapy deliver a complexion that has never been smoother.</p>			
BIOTEC EYE TREATMENT	30 mins	£40	£45
<p>BIOTEC technology is refined enough to gently stimulate and tighten the delicate eye area, without disturbing fragile skin.</p>			
BIOTEC NECK TREATMENT	30 mins	£40	£45
<p>Microcurrent reminds the muscle to firm up, while the Arjuna-infused jowl and chin mask lifts and tightens for super-sleek contouring.</p>			

Technology skin solutions facials

	Time	Mon - Thu	Fri - Sun
BIOTEC RADIANCE RENEW	1hr	£75	£80
<p>This cellular-boosting treatment targets sluggish complexions. The ultrasonic peel stimulates the removal of impurities and dead skin cells, while the galvanic rejuvenating current restores moisture for instantly clearer and visibly brighter skin.</p>			
BIOTEC BLEMISH CONTROL	1hr	£75	£80
<p>A deep cleansing facial that detoxifies and repairs damaged tissue. Ultrasonic vibration, massage, and galvanic currents thoroughly decongest and exfoliate. Powerful anti-oxidants soothe, while light therapy helps clear the complexion.</p>			
BIOTEC SENSITIVE SKIN SOOTHER	1hr	£75	£80
<p>This anti-redness treatment soothes sensitive skin. An oxygen infusion encourages cellular restoration, while red light therapy and calming anti-oxidants improve the skin's ability to repair itself. The result is calm and soothed skin.</p>			
BIOTEC 24/7 SKIN SYNC	1hr	£75	£80
<p>Inspired by the body's miraculous inner clock and formulated to support tired complexions, our skin renewing BIOTEC 24/7 Skin Sync facial has been designed to target the look of tired skin and help you achieve a well-rested glow, around the clock.</p>			



Touch skin solutions facials

	Time	Mon - Thu	Fri - Sun
SUPERFOOD PRO-RADIANCE	30 mins	£40	£45
A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven to leave skin plumper, radiant and lit up with good health.	1hr	£67	£72
.....			
SENSITIVE SKIN SOOTHER	30 mins	£40	£45
Fragile skin needs special attention. A soothing massage technique helps reduce the appearance of redness and protect against daily stresses. Texture and moisture levels are dramatically restored. Skin is left supremely soothed, comfortable and calm.	1hr	£67	£72
.....			
ANTI-BLEMISH MATTIFY AND CALM	30 mins	£40	£45
A revelation for oily, congested or hormonal skin. This mattifying facial helps combat oil and shine, while intuitive massage helps restore micro-circulation. A deeply detoxifying treatment for clear, bright skin.	1hr	£67	£72
.....			
PEPTIDE 24/7 SKIN SYNC	30 mins	£40	£45
Target tired skin with this radiance-restoring Peptide 24/7 facial. Powerful botanical formulations, exclusive to ELEMIS, are combined with specialist massage techniques to replenish skin with a well-rested glow.	1hr	£67	£72

Face and body combinations time

	Time	Mon - Thu	Fri - Sun
COUTURE TOUCH	2hrs	£125	£135
Condition your skin and muscles with this all-embracing experience. Combine a personalised deep tissue massage with one of our 30-minute or one-hour Elemis 'hand-on facials'.	1hr	£67	£72

COUTURE TECHNOLOGY	2hrs	£135	£145
Time to switch your skin on. Combine a personal deep tissue massage with one of our 30-minute or one-hour Elemis Biotec facials.	1hr	£75	£80

Mens facials

	Time	Mon - Thu	Fri - Sun
TOUCH HIGH PERFORMANCE SKIN ENERGISER	30 mins	£40	£45
	1hr	£67	£72

The hard-working facial for ageing, dehydrated skin and tired eyes. It maximises cell regeneration. Multi-dynamic facial massage sequences boost circulation, whilst scalp and foot massage deeply relax.

TECHNOLOGY SUPER-CHARGER FOR MEN	1hr	£75	£80
---	-----	-----	-----

The facial to destress, de-age and de-fatigue the male complexion while activating ultimate skin dynamism. Ultrasonic peeling, and galvanic current delivery a deep clean for a multi-tasking, time efficient solution.



Body massage

	Time	Mon - Thu	Fri - Sun
RELAXING BACK, NECK AND SHOULDER MASSAGE	30 mins	£37	£42
RELAXING FULL BODY MASSAGE	1hr	£57	£62
DEEP TISSUE BACK, NECK AND SHOULDER MASSAGE	30 mins	£42	£47
DEEP TISSUE FULL BODY MASSAGE	1hr	£62	£67
HOT MINERAL BODY BOOST A powerful treatment to stimulate every cell in the body, helping alleviate muscular pain and remove toxins. This is a revolutionary, mineral-charged experience of skin conditioning, metabolic balancing and energising wellness.	1hr	£65	£70
GARDEN OF ENGLAND ROSE RESTORE This lavishly hydrating massage and micro wrap feels like a walk in an English rose garden. The unique trio of rose, camelina and poppy seed oils leaves skin exquisitely moisturised, intensely supple and delicately scented.	1hr	£65	£70

Body scrubs and wraps

	Time	Mon - Thu	Fri - Sun
INTENSELY CLEANSING SALT SCRUB - LIME & GINGER OR FRANGIPANI Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.	30 mins	£42	£47
BODY NECTAR NOURISHING WRAP - FRANGIPANI The velvety texture of the Monoi Oil offers super-hydration, quenching a thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do the work.	1hr	£57	£62



Body detox and cellulite

	Time	Mon - Thu	Fri - Sun
THOUSAND FLOWER DETOX WRAP This nutrient-rich detox wrap uses the deeply nourishing green tea balm to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.	1hr	£65	£70
TARGETED TONING TIGHTENER A powerful blend of salts, minerals and seaweeds work together to target cellulite and poor skin tone on hips, thighs, abdomen and backs of arms. Clinically proven to reduce the appearance of cellulite after just one treatment.	1hr 30mins	£75	£80
TARGETED TONING TIGHTENER Legs	30mins	£42	£47
Abdomen	30mins	£42	£47
Arms	30mins	£42	£47

Hand and foot therapy

	Time	Mon - Thu	Fri - Sun
GARDEN OF ENGLAND ROSE RESTORE HAND TREATMENT This is the last word in conditioning, restorative, anti-ageing hand treatments. Targets age spots and dryness.	30mins	£35	£40
BEST FOOT FORWARD Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Feet are left nourished, soft and smooth.	30mins	£35	£40
ELEMIS PEACEFUL PREGNANCY MASSAGE An intuitive and relaxing massage hydrates skin that is expanding to accommodate a growing baby. Not suitable during the first trimester	1hr 15mins	£65	£70

Complementary therapies

	Time	Mon - Thu	Fri - Sun
<p>HOT STONES THERAPY MASSAGE</p> <p>Relax the body, mind and spirit. Stimulate your metabolism and circulation. This treatment induces deep relaxation and re-balances your whole body, leading to a sense of total well-being.</p>	40mins	£47	£52
<p>SCALP MASSAGE</p> <p>Working on relieving stress and tension on the head, neck and shoulders.</p>	30mins	£35	£40
<p>REFLEXOLOGY</p> <p>Relieves stress and pain in other parts of the body through the manipulation of the feet. The pressure received in the feet may send signals that 'balance' the nervous system or release chemicals such as endorphins that reduce stress and pain.</p>	50mins	£45	£50
<p>HOPI EAR CANDLING</p> <p>Hopi candles can be used to improve many conditions including deafness caused by excess wax, congested sinuses, tinnitus, colds, flu, headaches and migraines. The initial effect can be an improvement in hearing or freer nasal breathing and improve your sense of smell. However, improvements can continue occurring for a day or two.</p>	40mins	£30	£35
<p>SIENNA X SPRAY TAN</p>	30mins	£25	£30
<p>EXFOLIATION & SIENNA X SPRAY TAN</p>	45mins	£40	£45



Jessica spa essential

	Time	Mon - Thu	Fri - Sun
<p>MANICURE</p>	45mins	£32	£36
<p>GELERATION MANICURE</p>	1hr	£35	£38
<p>DELUXE MANICURE</p>	1hr	£38	£40
<p>DELUXE GELERATION MANICURE</p>	1hr 15mins	£40	£45
<p>MINI MANICURE</p>	25mins	£20	£22
<p>MINI GELERATION MANICURE</p>	30mins	£22	£24
<p>FRENCH POLISH SUPPLEMENT</p>	15mins	£7	£7
<p>GELERATION FRENCH SUPPLEMENT</p>	15mins	£10	£10
<p>PEDICURE</p>	45mins	£35	£37
<p>GELERATION PEDICURE</p>	1hr	£37	£40
<p>DELUXE PEDICURE</p>	1hr 15mins	£42	£44
<p>DELUXE GELERATION PEDICURE</p>	1hr 30mins	£44	£48
<p>MINI PEDICURE</p>	25mins	£20	£22
<p>MINI GELERATION PEDICURE</p>	30mins	£22	£24
<p>GEL REMOVAL</p>	30mis	£10	£10

The smooth touch

	Time	Mon - Thu	Fri - Sun
FULL LEG WAX	45mins	£25	£30
HALF LEG WAX	30mins	£15	£20
BIKINI LINE WAX	15mins	£12	£15
FULL LEG AND BIKINI WAX	1hr 15mins	£30	£35
UNDER ARM WAX	15mins	£12	£15
CHEST WAX	30mins	£18	£23
BACK WAX	30mins	£18	£23
FOREARM WAX	30mins	£15	£20
UPPER LIP WAX	15mins	£6	£8
CHIN WAX	15mins	£6	£8
CHIN AND UPPER LIP WAX	30mins	£10	£12

Finishing touch

	Time	Mon - Thu	Fri - Sun
EYELASH TINT	30mins	£15	£18
EYEBROW TINT	15mins	£8	£10
EYEBROW SHAPE	15mins	£8	£10
EYELASH AND EYEBROW TINT AND SHAPE	45mins	£25	£30
LASH LIFT	1hr 15mins	£30	£35

*Patch testing is required 24 hours before tinting and lash lifts.

Mii Cosmetic Make up

	Time	Mon - Thu	Fri - Sun
TREAT MII If you have a special occasion treat yourself to a party ready look.	30mins	£30	£35
Trust Mii Let us help you find your signature look with Mii that will give you confidence to express yourself, beautifully.	1hr	£50	£55
TRIAL MII BRIDE Our unique Mii makeup consultation cards provide the starting point to fulfilling your beauty wishes. Apply the right combination of concealer, foundation and powder for beautiful-looking skin.	1hr 30mins	£70	£75
BRIDAL DAY Relax while your elegant, flawless bridal look is created using Mii makeup.	1hr	£60	£65

Our Revival Zone packages have been designed to make you feel truly pampered. If you would like to create your own unique experience, why not tailor-make your own package?

Revival packages

	Time	Mon - Thu	Fri - Sun
REVIVAL RETREAT AFTERNOON PACKAGE FOR TWO PEOPLE Enjoy a relaxing back, neck and shoulder massage together, followed by a traditional afternoon tea served with a glass of Champagne *Suitable for 'mums-to-be'.	30mins	£120 Per couple	£125 Per couple
MIND, BODY & SOLE HALF DAY PACKAGE <ul style="list-style-type: none"> • Elemis touch facial of your choice • Relaxing back, neck and shoulder massage • 'Best foot forward' treatment • Two-course lunch served with a glass of bucks fizz *Suitable for 'mums-to-be'.	2hr	£140 Per person	£150 Per person
ENGLISH ROSE HALF DAY PACKAGE <ul style="list-style-type: none"> • Sensitive skin soother facial • Garden of England rose restore massage • Garden of England rose restore hand treatment • Two-course lunch served with a glass of bucks fizz 	2hrs 30mins	£160 Per person	£170 Per person

Important information

MEDICAL CONSIDERATIONS

It is your responsibility to ensure the treatments you select are suitable for you. If you have any health concerns, please consult your GP prior to your visit. Treatment suitability will only be confirmed on arrival, subject to completion of a health questionnaire.

ALLERGIES

Please advise at the time of booking if you have any allergies or intolerances.

PREGNANCY

We have a specifically designed treatment for expectant mothers. However, throughout the first trimester we are unable to perform any treatments.

ADVERSE REACTIONS

Some of our body massages work deep into the muscles and as a result may cause some soreness or discomfort during or after the treatment and in some cases, may leave a temporary mark or bruise.

TREATMENT ETIQUETTE

We suggest you wear underwear or swimwear for most treatments. *disposable underwear is available, please ask your therapist.

We politely remind all guests that no jewellery should be worn when attending treatments or when using the sauna. Please note there are no safety deposit facilities available within the treatment room. Some products utilised within treatments can adversely affect jewellery and

you will be asked to remove it. We accept no responsibility or liability for any valuables brought into the treatment rooms or delays to treatments as a result.

A patch test must be performed 24 hours prior to eyelash or eyebrow tinting treatments.

To ensure the maximum benefit from your manicure/pedicure or hands and feet treatments we recommend allowing at least 1 hour to let your newly painted nails dry, this will prevent any smudging. Also, to avoid heat 1 hour after having gel polish to sustain the best results. It is advisable to wear open-toed shoes for your pedicure.

Please arrive 15 minutes prior to your appointment time. If you are late for your treatment your therapist may only be able to give you what remains of your treatment time.

Treatments and access to the Revival Zone is available to those 16 years and older.

CANCELLATION POLICY

A non-refundable deposit will be required at the time of booking.

Should you need to cancel your treatment you must do so at least 24 hours prior to your treatment, after this time full payment will be required.

Should you need to cancel a revival package you must do so at least 72 hours prior to your treatment, after this time full payment will be required.

Gift Vouchers

Give the ultimate gift with a Gisborough Hall Hotel gift voucher, which can be purchased at the hotel or by visiting www.gisborough-hall.com

Revival Club Membership

Pamper yourself all year round for only £55 a month.

Join the Revival Club at Gisborough Hall and enjoy a selection of treatments, free gifts, 15% off additional treatments, 10% off all products and advance notice of special inhouse events.



G I S B O R O U G H H A L L